

Example Medication Schedule

Medication	6 a.m.	12 p.m.	6 p.m.	12 a.m.
Aspirin 81mg every 12 hours (blood thinner)	x		x	
Tylenol 650mg every 6 hours	x	x	x	x
Naproxen sodium 220mg every 12 hours	x		x	
Protonix 40mg once daily (antacid)			x	
Colace 100mg (stool softener)	x		x	
Dexamethasone 4mg (steroid)	x		x	
Oxycodone 5 mg for severe pain every 6 hours	x	x	x	x
Zofran 4mg every 8 hours as needed				
Ice	x	x	x	x

- Continue aspirin for 42 days to help reduce risk for blood clots.
- You can take the Oxycodone as needed for breakthrough pain and Zofran as needed for nausea.

*If you have any problems or questions,
please call your doctor's office (8am-5pm).
Answering service for after hours.*

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