

Moldable Casting Devices (Fast Form)



Your provider has applied a moldable casting device to immobilize your fracture/injury. Your provider will determine how long you will wear the device as fractures can take several weeks to heal.

Immobilization can cause swelling due to lack of movement. Some swelling is normal. Elevate that body part above the level of your heart. You can apply bagged ice or cold packs to the area of swelling. If unusual swelling, increase discomfort, numbness, or discoloration occurs, please call our office.

If the device is too tight, it can result in skin irritation or circulation issues. Never put any object inside the device including powder/lotions. To relieve itching, use a blow dryer on the cool setting and blow air gently in open spaces near the problem area.

Do not remove the device unless instructed to do so by your healthcare provider. The device may lose its desired shape when exposed to extreme heat or prolonged heat. Do not leave the device in a car or outdoors in very hot weather. Cover the device with clothing if it will be exposed to strong sunlight for any length of time.

This device is “breathable” and able to get wet. The liner dries quickly but may remain damp for 2-4 hours. You may pat dry and wrap in towel. To speed up the drying process, you can use a hair dryer on cool setting. Make sure you do not heat or soften the device. If permitted to remove or loosen device, remove, then dry to speed up process. Do not alter the device yourself by removing or cutting the moldable material

as it is specifically created to protect certain anatomical structures.

Warning Signs: Call our office if you have any of the following signs:

- Your pain is unrelieved or gets worse after taking pain medication.
- Swelling around or under the device does not go down after elevating the limb for 1 hour.
- You feel a blister or sore developing inside the device or skin problems near the edges.
- Your body part feels numb inside or close to the device.
- Your skin changes color around the device or you have trouble moving your fingers.
- Your device becomes too loose as the swelling goes down-especially if it is rubbing.
- Any objects get stuck inside the device.
- The device breaks, develops cracks or is altered in any way.

refer to www.fastformmedical.com/patients for further information

*If you have any problems or questions,
please call your doctor's office (8am-5pm).
Answering service for after hours.*

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