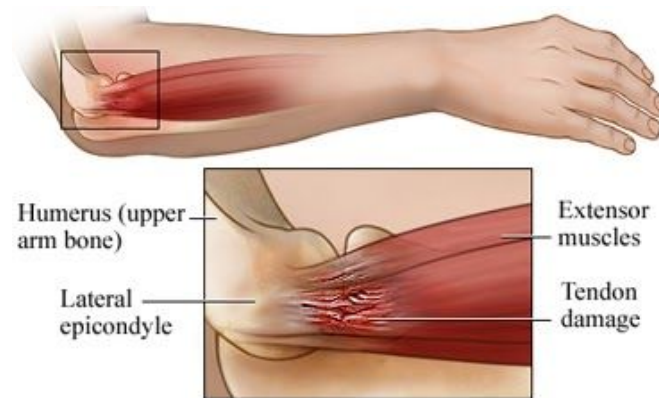


## Tennis Elbow Surgery

Surgery to repair tennis elbow is an outpatient surgery. This means you will not stay in the hospital overnight. You will be given medicine (**sedative**) to help you relax and make you sleepy. Numbing medicine (**anesthesia**) is given in your arm. This blocks pain during your surgery; you should expect your entire arm to be numb for 12-24 hours post surgery.



If you have open surgery, your surgeon will make one cut (**incision**) over your injured tendon. The unhealthy part of the tendon is scraped away. The surgeon may repair the tendon using something called a suture anchor. Or, it may be stitched to other tendons. When the surgery is over, the incision is closed with stitches.

Sometimes, tennis elbow surgery is done using an **arthroscope**. This is a thin tube with a tiny camera and light on the end. Before surgery, you will get the same medicines as in open surgery to make you relax and to block pain.

The surgeon makes 1 or 2 small incisions and inserts the scope. The scope is attached to a video monitor. This helps your surgeon to see the inside of the elbow area. The surgeon scrapes away the unhealthy part of the tendon.

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## Post Operative Care

Your elbow and arm will have a thick bandage/splint that immobilizes the hand, wrist and elbow. This dressing cannot get wet and will stay on until your first post operative appointment.