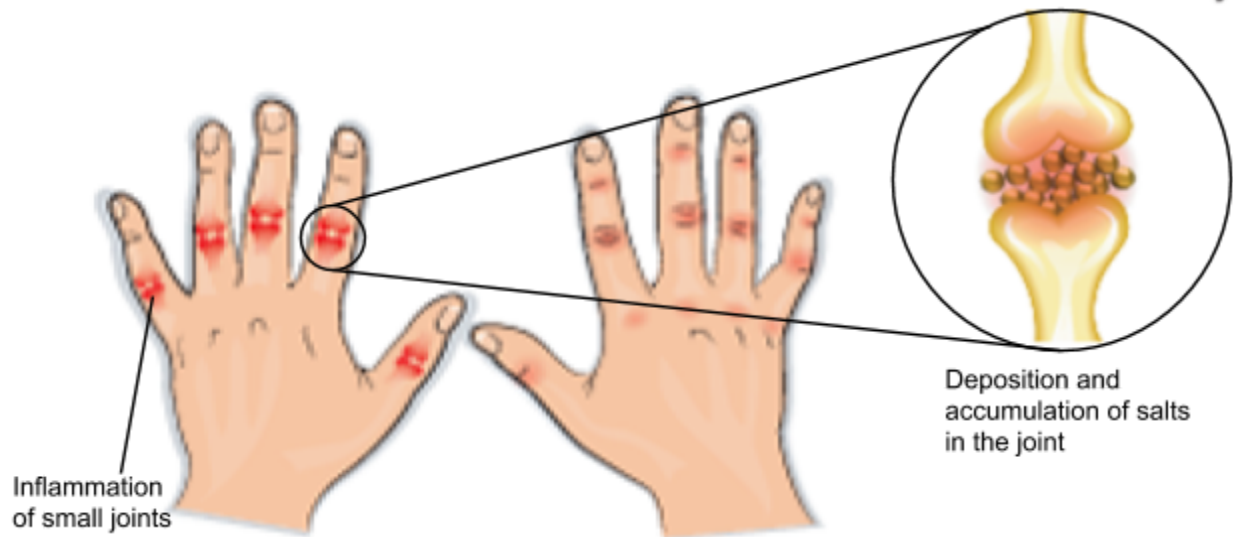


## Gout

**Gout** is a problem that causes significant inflammation and can have acute attacks, which are extremely painful. There are other inflammatory problems which are known as **pseudogout** and other types of **calcium deposition disease**. **CPPD** is also another disorder involving similar symptoms of inflammation, swelling, and pain. These inflammatory problems can occur with an acute onset of pain and swelling without any form of trauma. They are typically treated with oral steroids, steroid injections, some form of splinting for resting the soft tissue along with warm and cold compresses. They usually do not require surgery unless there is some underlying infection or severe arthritis.



On occasion, these will be subsequently treated with medication that can prevent recurrence, but that is usually done by your primary care physician. Therapy can also help to reduce swelling and other forms of rehab.