

C. Tate Hepper, MD

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EMPLOYMENT

OrthoVirginia – St Mary's Office

- Hand, Wrist and Elbow Surgeon

EDUCATION / TRAINING

Curtis National Hand Center/Union Memorial Hospital, Baltimore, MD

- Hand and Microsurgery Fellow

Washington University in Saint Louis/Barnes-Jewish Hospital

- Orthopaedic Surgery Resident

Vanderbilt University School of Medicine, Nashville, TN

- Doctor of Medicine

University of North Carolina at Chapel Hill

- Bachelor of Science with Highest Distinction
- Biology and Economics Major, Chemistry Minor

ACADEMIC AWARDS

AOA Resident Leadership Forum, 2011

Phi Beta Kappa, 2002

Eldon Stevenson Scholar, *Full merit-based medical school scholarship*, 2003 – 2007

Microbes and Defense Honor Society, *Society for excellence in microbiology*, 2004

Omicron Delta Epsilon, *National economics honor society*, 2002

Order of Omega, *Greek academic and leadership honor society*, 2001

Order of the Bell Tower, *Undergraduate honor society*, 2000

COMMITTEES

OrthoVirginia Regional Board Member, 2016 - present

OrthoVirginia Compliance and Peer Review, 2016 - present

OrthoVirginia Operatory Board, 2017 - present

PROFESSIONAL MEMBERSHIPS

Richmond Academy of Medicine

American Academy of Orthopedic Surgeons

American Society for Surgery of the Hand

Virginia Orthopedic Society

CERTIFICATIONS

American Board of Orthopedic Surgeons, July 2015
Subspecialty Certificate in Surgery of the Hand, Sept 2016

PUBLICATIONS

Brophy, **Hepper CT**, Shoulder activity level is associated with type of employment & income in normative population without shoulder disorders. *Clin Orthop Relat Res.* 2016 Jun.

Devulapalli C, Han KD, Bello RJ, LaPorte DM, **Hepper CT**, Katz RD. Inadvertent intra-arterial drug injections in the upper extremity: systematic review. *J Hand Surg Am.* 2015 Nov;40(11):2262-2268.

Hepper CT, Tsai MA, Parks BG, Dubin NH, Means KR, Jr. The effect of distal radius translation in the coronal plane on forearm rotation: A cadaveric study of distal radius fractures. *J Hand Surg Am.* 2014 April;39(4):651-655.

Hepper CT, Gardner MJ. Proximal humerus fracture-dislocations: Utility of the anterolateral acromial approach. *Tech in Ortho.* 2013 Dec;28(4):308-312.

Hepper CT, Smith MV, Steger-May K, Brophy R. Normative data of the shoulder activity level by age and sex. *Am J Sports Med.* 2013 May;41(5):1146-51.

Hepper CT, Boyer MI. Repair of flexor carpi radialis tendon laceration at the wrist in a professional hockey player. *Orthopedics.* 2011 June 14;34(6):e225-227.

Hepper CT, Johnson JE. Tendon transfer for anterior and posterior tibialis dysfunction following hip dislocation: case report. *Foot Ankle Int.* 2011 May;32(5):556-559.

Brinkley DM, **Hepper CT**. Heart in hand: structural cardiac abnormalities that manifest as acute dysvascularity of the hand. *J Hand Surg Am.* 2010 Dec;35(12):2101-2103.

Hepper DM, **Hepper CT**, Anadkat M. Treatment options for squamous cell carcinoma of the dorsal hand including Mohs micrographic surgery. *J Hand Surg Am.* 2009 Sep;34(7):1337-1339.

Hepper CT, Halvorson JJ, Duncan ST, Gregory AJ, Dunn WP, Spindler KP. The efficacy and duration of intra-articular corticosteroid injection for knee osteoarthritis: A systemic review of Level 1 studies. *J Am Acad Orthop Surg.* 2009 Oct;17(10):638-646.

BOOK CHAPTER

Hepper CT, Gardner MJ. Ankle Fractures. In: Hak D, Ipaktchi K, Morgan S, eds. *Orthopedic Trauma Call for the Attending Surgeon.* Thorofare, NJ: SLACK Incorporated. 2013.

PRESENTATIONS

Hepper CT, Tsai MA, Parks BG, Dubin NH, Means KR, Jr. The effect of distal radius translation in the coronal plane on forearm rotation: A cadaveric study of distal radius fractures. *Curtis National Hand Center Graduation*. July 2013.

Hepper CT, Tsai MA, Parks BG, Dubin NH, Means KR, Jr. The effect of distal radius translation in the coronal plane on forearm rotation: A cadaveric study of distal radius fractures. *Maryland Orthopedic Society Annual Meeting*. April 2014.