1ST ANNUAL PEDIATRIC & ADULT SPORTS MEDICINE UPDATE

Faculty or Authors for the CME Activity

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University of Virginia, BA 1986
University of Virginia, MD 1990
Union Memorial Hospital, General Surgery Resident 1991
University of Virginia, Orthopaedic Residency 1996
Methodist Hospital, Indianapolis, IN, Sports Medicine Fellowship 1997

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Wayne State University School of Medicine, MD 1996
Medical College of Virginia, Internship 1997
Medical College of Virginia, Residency 1999
University of Michigan, Fellowship in Sports Medicine 2000
University of Michigan, MBA 2008

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West Virginia University School of Medicine, MD 1995
Rush Medical College, Rush Presbyterian - St. Luke’s Medical Center, Orthopaedic Surgery Residency 2000
The Hughston Clinic, Fellowship Sports Medicine 2001

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Eastern Virginia Medical School, MD 1994
Medical College of Virginia, General Surgery Internship 1995
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Michael Allen Wind Jr., MD
Duke University, BS 1998
University of Virginia, MD 2002
University of Cincinnati, Orthopaedic Surgery Residency 2007
Southern Joint Replacement Institute, Adult Reconstruction Fellowship 2008
Perth Orthopaedic and Sports Medicine Centre, Sports Medicine and Arthroscopy Fellowship 2009

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University of Virginia, BS 1990
University of Virginia, MD 1994
Medical College of Virginia, Orthopaedic Surgery Residency 1999
Mississippi Sports Medicine and Orthopaedic Center, Sports Medicine Fellowship 2000

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Medical College of Virginia, MD 2003
Atlanta Medical Center, Orthopaedic Surgery Residency 2008
Mercy Hospital, Foot and Ankle Fellowship 2009

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Rutgers University, BS 1978
Rutgers Medical School, MD 1983
The Albert Einstein College of Medicine, Montefiore Medical Center, Orthopaedic Surgery Internship and Residency 1987
The Hughston Orthopaedic Clinic, Fellowship in Sports Medicine 1989
Rene Marti, Amsterdam, Holland, Fellowship in Orthopaedic and Reconstructive Surgery 1990

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Davidson College, BS 1975
Duke University, MD 1978
Duke University Medical Center, Externship in Anesthesiology 1979
University of Virginia, General Surgery Internship 1980
University of Virginia, Residency Orthopaedic Surgery 1984

Program Description
This program is designed to educate participants on how to assess, test, and manage common sports medicine diagnoses. Prevention, treatment, and management options between adult and pediatric patients will be presented along with “what’s new” in the field.

Target Audience
This program is intended for primary care and internal medicine physicians, nurse practitioners, physician assistants, residents, athletic trainers and other healthcare professionals interested in gaining a deeper knowledge and understanding of sports medicine related assessment protocols.

Course Objectives
1. Be familiar with common sports medicine conditions.
2. Understand how to evaluate pathology of various sports medicine conditions afflicting the shoulder, hip, knee, and foot/ankle.
3. Be aware of the difference in management and treatment options for adult and pediatric patients.
4. Understand appropriate timing of specialty referral.

CME Credit and Breakfast/Lunch Cost
$80 – Physicians
$40 – PAs/NPs/PTs
$20 – Residents/ATC

*credit cards accepted via online registration; visit orthovirginia.com/about-us/CME

**cash or check accepted ONLY at day of registration

CME Accreditation
This Live activity, 1st Annual Pediatric and Adult Sports Medicine Update, with a beginning date of 04/23/2016, has been reviewed and is acceptable for up to 4.75 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Equivalencies/Conversions
AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s)** toward the AMA Physician’s Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

The following organizations that accept AAFP Prescribed credits are:
American Medical Association
American Nurses Credentialing Center
American Association of Nurse Practitioners
American Association of Medical Assistants

The physician licensing boards that accept AAFP Prescribed credits are:
American Board of Family Medicine
American Board of Emergency Medicine
American Board of Preventive Medicine
American Board of Urology

Other participants not listed above are encouraged to contact their organizations to see if they accept AAFP prescribed credits.
Schedule

7:30-8:00 – Breakfast and Registration
8:05-8:10 – Opening Remarks by Program Director, Dr. Thorp Davis

Section 1: Knee
8:10-8:40 – Meniscus, Articular Cartilage, Overuse Patellofemoral Pain, Dr. William Nordt
8:45-9:15 – Knee Ligament Injuries, Adult and Adolescent, Dr. Thorp Davis
9:20-9:40 – Patellar Instability, Adult and Adolescent, Dr. David Nedeff
9:40-10:00 – Questions/Discussion
10:00-10:15 – Break

Section 2: Shoulder
10:20-11:00 – Shoulder Instability, Adult and Adolescent, Dr. Chris Young
11:05-11:30 – Rotator Cuff Disease, Young to Old, Dr. Paul Kiritsis
11:35-11:45 – Questions/Discussion
11:45-12:15 – Lunch

Section 3: Sports Hip
12:20-12:45 – Sports Hip, Dr. Michael Wind

Section 4: Sports Elbow
12:50-1:15 – Sports Elbow, Dr. Julious "Jody" Smith

Section 5: Sports Foot and Ankle
1:20-1:45 – Sports Foot and Ankle, Dr. Michael Brown

Section 6: Concussion
1:50-2:15 – Concussion and Traumatic Brain Injury, Dr. Drew Dahlgrekn
2:15-2:30 – Discussion of Hip, Foot and Ankle, Elbow, Concussion
2:30 – Adjourn