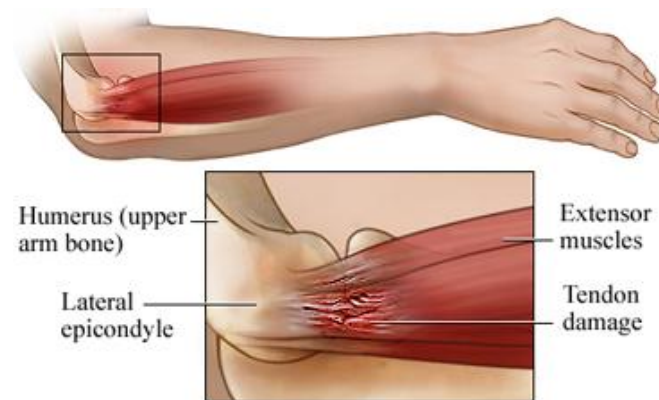


## Tennis Elbow Surgery

Surgery to repair tennis elbow is often an outpatient surgery. This means you will not stay in the hospital overnight. You will be given medicine (**sedative**) to help you relax and make you sleepy. Numbing medicine (**anesthesia**) is given in your arm. This blocks pain during your surgery. You may be awake or asleep with general anesthesia during the surgery.



If you have open surgery, your surgeon will make one cut (**incision**) over your injured tendon. The unhealthy part of the tendon is scraped away. The surgeon may repair the tendon using something called a suture anchor. Or, it may be stitched to other tendons. When the surgery is over, the incision is closed with stitches.

Sometimes, tennis elbow surgery is done using an **arthroscope**. This is a thin tube with a tiny camera and light on the end. Before surgery, you will get the same medicines as in open surgery to make you relax and to block pain.

The surgeon makes 1 or 2 small incisions and inserts the scope. The scope is attached to a video monitor. This helps your surgeon see the inside of the elbow area. The surgeon scrapes away the unhealthy part of the tendon.

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## Post Operative Care

Your elbow and arm will likely have a thick bandage or a splint. You can go home when the effects of the sedative wear off.

Follow instructions on how to care for your wound and arm at home. This includes taking medicine to ease pain from the surgery.

You should begin moving your arm gently, as recommended by your surgeon.